

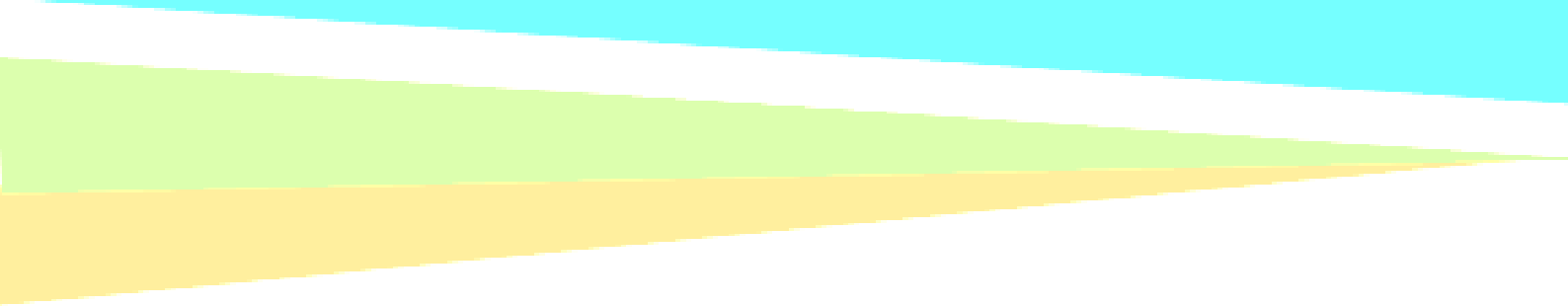
Donegal Youth Service

Annual Report

2022

Donegal
Youth Service
Youth Work Ireland





Contents

Regional Director and Chairperson's Address	Page 4 & 5
DYS in Numbers	Page 5
Structure Governance & Management.....	Page 5
2022 Board of Directors	Page 6
DYS Mission & Guiding Principles	Page 6
2022 Staff Members.....	Page 7
DYS Organogram	Page 8
DYS staff.....	Page 8
Community Employment Project.....	Page 9 & 10
Youthscape	Page 11 & 12
The Loft.....	Page 13 & 14
BreakOuT.....	Page 15 & 16
Young Carers.....	Page 17
Tusla/YouthTalk	Page 18 & 19
Our Generation	Page 20 & 21
Youth Information Centre	Page 22 & 23
ASPIRE.....	Page 24 - 26
ASPIRE Inishowen.....	Page 27 - 29
Unlocking Your Potential.....	Page 30
Future Innovators.....	Page 31 & 32
Media	Page 33 & 34
Finance summary	Page 35 & 36

Donegal
Youth Service
Youth Work Ireland



Regional Director and Chairperson's Address



As we reflect on the year that has passed, we are immensely proud to present the Donegal Youth Service Annual Report 2022. This year was one of resilience, innovation, and unwavering dedication to our mission of supporting young people to be the best they can be.

Throughout 2022, Donegal Youth Service continued to be a beacon of hope and opportunity for the young people in our community. Our commitment to providing a safe, nurturing, and inclusive environment for young people to learn, grow, and thrive has remained steadfast, even in the face of extraordinary times.

In the face of unprecedented challenges, our team and the young people we serve demonstrated remarkable adaptability. The global pandemic forced us to pivot swiftly, transforming the way we deliver our service. Despite the obstacles, our commitment to supporting, guiding, and advocating for young people in Donegal remained steadfast.

Key achievements during the past year included the expansion of our mental health programmes, promoting mental health and wellbeing among young people. Recognising the impact of the pandemic on their emotional and psychological well-being, we invested in additional counselling service and initiatives that supported their mental health journey. We are delighted to have witnessed the positive transformation in many young lives, as they gained confidence and learned to cope with life's challenges. Our efforts in collaborating

with local schools, community organisations, and businesses have strengthened our network and enabled us to broaden our impact significantly.

Throughout 2022, we witnessed the incredible strength and determination of young people. Their courage and tenacity in the face of adversity has been nothing short of inspiring. With your continued support, we have been able to offer a wide range of programmes and services that address the unique needs and aspirations of every young person we encounter.

Our youth clubs, youth projects, 1-1 support services, and educational programmes have continued to thrive, providing young people with a safe space to connect, learn, and grow together. Furthermore, we have continued to advocate for youth rights and opportunities at local and national levels, striving to ensure that the voices of young people are heard and valued.

None of this would have been possible without the unwavering support of our partners, volunteers, and staff. Your dedication to our cause has been the driving force behind our achievements. Together, we have created an environment where young people can feel empowered, nurtured, and confident in their abilities to shape their own futures.

Looking ahead, we are excited about the opportunities that lie before us. The challenges faced by young people are continually evolving, and we remain committed to evolving alongside them.

By staying responsive to the needs of our youth and maintaining a forward-thinking approach, we will continue to be at the forefront of empowering and supporting the next generation.

We remain committed to building upon our successes and expanding our reach, ensuring that every young person in Donegal has access to the support and opportunities they deserve.

As we delve into the pages of this report, we hope you will share in our joy and pride at the positive impact we have made in the lives of young people. Thank you for your continued belief in the potential of our youth and for standing alongside us as we work towards a brighter, more promising future.



Board members Marina Carling & Frank Dooley along with Regional director Lorraine Thompson (Centre) promoting the youth club handbook

DYS in Numbers

12884 Young People Engaged, 639 Adult Volunteers, 1155 Adults Trained, 7651 Young People Trained, 1621 Hours of One to One Support, Club Membership at 26, Hosted 27 Events, Partnered with 72 organisations.

On average our 2022 Key Performance Indicator's increased by 44% on 2021 figures

Structure, Governance & Management

Donegal Youth Service is managed by a The Chairperson of the Board line manages the voluntary board of directors. The board is Regional Director of DYS. The board meets made up of volunteers from the youth and monthly and is compliant with the Charities community sector and/or interested parties with Regulators Governance Code and has an a specialist knowledge in law, management, active role in the organisation's policy finance, education, disadvantage, employment development. The board operates under a and youth. Their role is to provide strategic robust Board Handbook that sets out in detail oversight to the organisation and this is led out the roles and responsibilities of board members by the Strategic Plan compiled in conjunction with DYS staff, volunteers and young people.

2022 Board of Directors



Back row: John Byrne, Séan Ó Longáin and Ciaran Maguire. Front row: Aoife Louise McCullough, Marina Carlin, Frank Dooley

Chairperson: Frank Dooley

Vice Chairperson: Marina Carlin

Company Secretary: Ciaran Maguire

Treasurer: Aoife Louise Mc Cullagh

John Byrne

Stephen O Donnell

Ciaran Coyle

Shaun Dorrian

Seán Ó Longáin

Bebhinn Mullins

DYS Mission & Guiding Principles

Mission

To engage young people in a process of learning and development where they are valued and supported to be the best they can be.

Vision

A society where every young person is safe, fulfilled and reaching their full potential.

Vision & Guiding Principle

Donegal Youth Service...

1. Works to the guiding principles of the UN Convention on the Rights of the Child.
2. Creates youth friendly services, keeping voluntary engagement at the core of what we do.
3. Keeps young people and the adult volunteers that support them central to the work we do.
4. Treats young people with respect, dignity, empathy and unconditional positive regard.
5. Builds and maintains partnerships that address the needs of young people.
6. Provides an accessible, inclusive and integrated service.
7. Continues to develop supportive relationships that nurture meaningful engagements and outcomes for young people.
8. Values flexibility, innovation, creativity and supportive learning environments.
9. Advocates on issues that impact on the lives of young people.
10. Adopts best practice, gathering data and critically reflecting on our work.

2022 Staff Members

Lorraine Thompson - Regional Director

Gareth Gibson - Youth Information Manager

Charlene Logue - Youth Outreach Manager

Frankie Mc Greevy - Our Generation Manager

Maria Crossan - Office & Finance Manager

Lee Stephenson - CE Supervisor

Michelle Sweeney - Administrator

Sinead Murray Lynch - Youth Worker/CCA

Dominic Mc Glinchey - Youth Worker/CCA

Fadl Mustapha - Youth Worker/CIC

Liz Bradley - Hear4U Youth Worker

Kasia Kurzeja - Youth Information Officer

Derek Callaghan - Youth Worker/PR

Pauric Bell - Young Carers/LOFT Project Youth Worker

Billy Banda - LOFT Project Youth Worker

Jason Doherty - LOFT Project Youth Worker

Siobhan O'Connor - LOFT Project Youth Worker

Chris Toye - ASPIRE/LOFT Project Youth Worker

Michael Campbell - Young Carers/Social Worker TUSLA

Pearl Johnston - ASPIRE Youth Worker

Jackie Ferry - ASPIRE Youth Worker

Bernie Cunningham - ASPIRE Youth Worker

John Ruddy - ASPIRE Youth Worker

Claire Bradley - ASPIRE Youth Worker

Ineke Abbas - ASPIRE Youth Worker

Yvonne Tilley - ASPIRE Inishowen Youth Worker

Mark Reader - ASPIRE Inishowen Youth Worker

Michelle Wylam - Unlocking Your Potential Youth Project Worker

Helen Simms - Unlocking Your Potential Youth Project Worker

Laura Doherty - Our Generation Youth Worker

Joanne McCauley - Our Generation Youth Worker

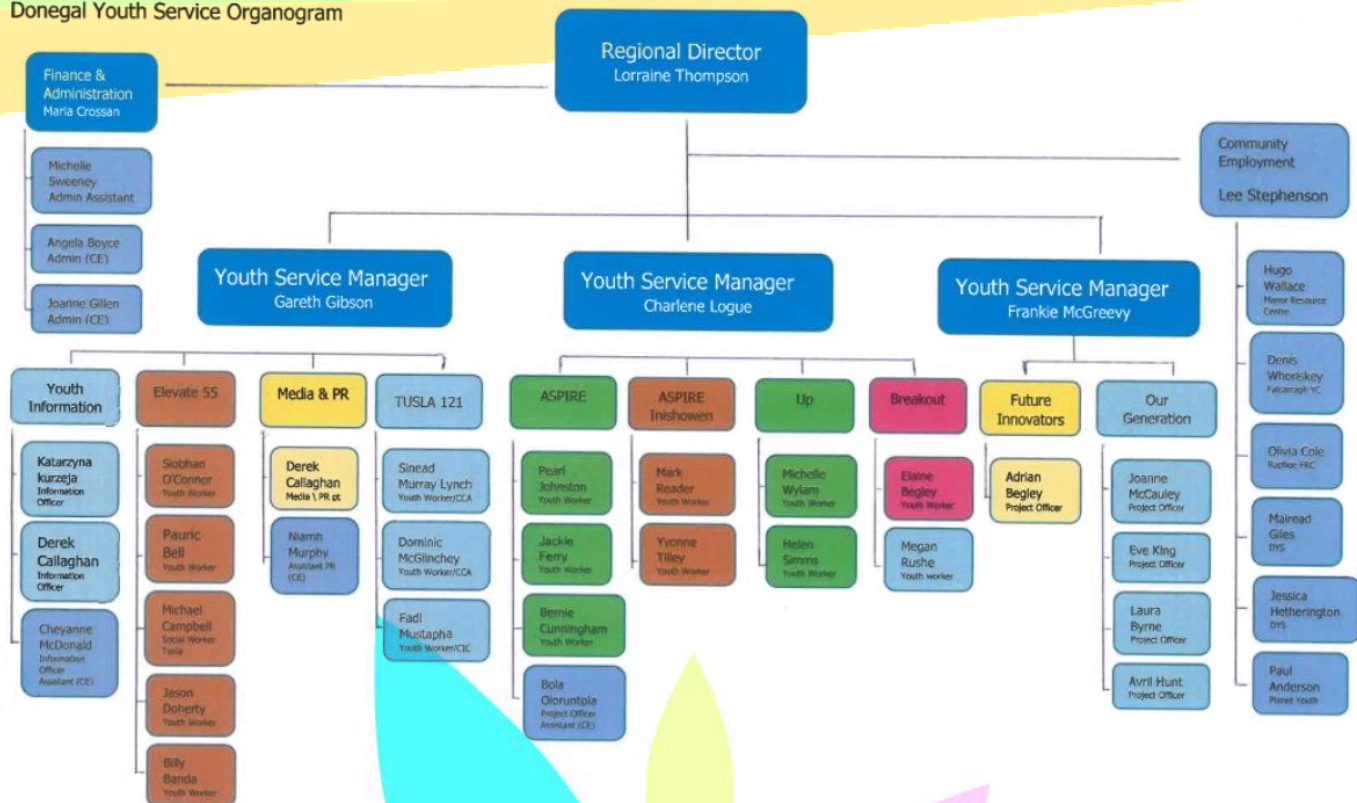
Eve King - Our Generation Youth Worker

Avril Hunt - Our Generation Youth Worker

Adrian Begley - Future Innovator's Development Officer



Donegal Youth Service Organogram



DYS Staff



Front row: Dominic McGlinchey, Elaine Begley, Lorraine Thompson, Sinead Murray, Frankie McGreevy, Fadi Mustapha & Gareth Gibson

2nd Row: Eve King, Michelle Wylam, Megan Rushe, Michael Campbell, Cheyanne MacDonald, Jason Doherty, Billy Banda & Adrian Begley

3rd Row: Niamh Murphy, Derek Callaghan, Michelle Sweeney, Kasia Kurzeja, Pearl Johnston, Laura Doherty, & John Ruddy

Community Employment Project

What?

A training programme for long term unemployed people to gain work experience and training, building confidence and employability skills to enter mainstream employment or further education.

Each participant has an Individual Learning Plan tailored to their needs and supported by the CE Supervisor to develop and enhance their employability.

Where?

Club Oige Pobail Le Cheile, Falcarragh.

Raphoe FRC, Raphoe.

St. Bridget's Youth Club, Clonmany.

Planet Youth, Ballybofey.

Manorcunningham Resource Centre

Youth Information Centre, Letterkenny

LOFT LK

Daybreak

Donegal Youth Service , Letterkenny

When?

CE Supervisor 8.30 am - 5pm Monday - Friday, DYS Headquarters

CE staff have varied working hours depending on the needs/opening time off the Clubs/projects.

Why?

To help people to gain work experience and training to progress into employment while at the same time providing support to young people and the community.

Staff?

Lee Stephenson, Stephen Kavanagh, Chris Toye, Denis Whoriskey, Josey Strain, Stephen Kavanagh, Tracy Dugan, Joanne Gillen, Hugo Wallace and Aziza Alhadiba

Funder?

Department of Employment Affairs and Social Protection



**An Roinn Gnóthaí Fostaíochta
agus Coimirce Sóisialaí**
Department of Employment Affairs
and Social Protection

DYS Community Employment Project (CE) Information Provision, Office Skills and Media Training.

comprises 18 participants and 1 Supervisor. It is funded by the Department of Employment Affairs & Social Protection to provide work experience to unemployed people in the local community and through training and development to assist them to progress into full time employment or further education.

The CE participants provide support and assistance as Youth Support Workers to the various DYS projects including the Youth Information Centre, The Loft, ASPIRE and locally affiliated Youth Clubs across the county. It also supports the DYS office through reception duties, administration and media assistance. The participants gain valuable work experience and related training in their field of employment i.e. Youth Work, Facilitation Skills,

On the last CE Project, participants completed 49 training courses, 2 of these being Major Awards with 5 participants progressing into employment (of this 3 into Youth Work, 1 into Community Work and 1 into Office Work) and 1 participant into Full Time Education. 2 of these



Celebration event



BreakOut Group at Pride in Dublin

This represents a 66% positive progression rate.

Niamh: “Starting off as a volunteer in DYS and transitioning onto the CE programme I have gained valuable insights. As far as youth work, media & photography. I am currently doing the ICDL. There is constant growth, building confidence and meeting and making new friends. Learning every day with people who genuinely care to help. There is a great sense of community in DYS. I am extremely happy to be on the CE programme and a part of DYS.”

Chris: “Having been a young person and then a volunteer within the DYS organisation for years, progressing onto the CE programme when it became available felt like the natural choice. The work experience and additional training, as well as the nurturing of my existing skills has led me into employment as a youth worker with the DYS. A great experience all round.”



Party in the Park



Youthscape

What?

A cross border, cross community project for 14-24 year olds who are not in full time education, employment or training.

Personal Development, planning and 1-1 mentoring work with participants.

Within the Programme there is a 16-week training programme in order to complete an OCN Award in Vocational Studies Interpersonal Skills, Food & Nutrition and Good Relations.

There is also 12-week Transition Mentoring support for young people on the Programme.

Where?

Planet Youth, Ballybofey Monday

The LOFT, LK Monday & Tuesday

Gairmscoil MacDiarmida & Scoil Mhuire
Buncrana Tuesday

Oileáin Arainn Mhór Wednesday

Bridgestock Apartments Group Thursday

When?

All Facilitators and Key Youth Workers available from 9am - 5pm to young people for mentoring and personal development planning as well as programme delivery.

Why?

To help promote Good Relations and support young people in their return to education, employment or training.

To promote Active Citizenship and carry out Community and Social Impact Projects.

Staff?

Charlene Logue, Jason Doherty,
Jackie Ferry, Bernie Cunningham

Funders?

SEUPB – Special European Programmes Body



Special EU Programmes Body
Foras Um Chláir Speisialta An AE
Boord O Owre Ocht UE Projects

Youthscape said goodbye to the last cohort on the 30th of June 2022. A final Celebration of Success for all past and current participants took place in Enniskillen and everyone got the chance to re-engage with friends made on the programme. During the last 6 months of this SEUPB Peace 4 Programme, young people aged 16-24 yrs had the opportunity to experience Cross Border Work, Good Relations, Diversity, Anti-Racism, Citizenship, Personal & Social Development, Life Skills, Job Search, Communication & Listening Skills, as well as participating in activities such as day trips to cultural attractions, sporting activities, arts & crafts, mural creations and also undertook Social Impact work to make a difference in their own communities.

The overall number of young people recruited in Donegal since the start of Youthscape was 480 -with 388 receiving an OCN in Good Relations.



Participants of Youthscape



Participants making positive affirmation jars

which is amazing!! There have been many young people who have moved onto further education, back to education, different training courses and employment. Overall, the Youthscape Programme which operated in Dungannon, Enniskillen, Omagh and across Donegal, had a reach of 1,200 participants and achieved 101% on its target set for the programme at its inception. Luckily, in Donegal, all 6 of the Youthscape staff went on to permanent employment within Donegal Youth Service.



Completion of the OCN certificates

Participants Testimonials:

"It is an honour to be part of this celebration as much as it is a sad time for me to do this speech. It is an opportunity to tell everyone how my past year in Youthscape has been. I had just come to Letterkenny when I started to go to the LOFT. It wasn't easy for me because just moved and had no one to talk to. I would stay in my room all day and this was the summer holiday so it was a long one. When I got told about the LOFT at first I didn't want to go and my mum was like why don't you go see what it's like then you decide if you want to continue and I agreed. On getting there I met a lot of people my age and I just had this connection with Youthscape. Ever since then I would always go there as it was beside my house and a place I feel safe in and can talk about anything."

"In Youthscape we were taught about Diversity, from a variety of different backgrounds. We were told it's OK not to be OK and you can talk to anyone about it because it's a safe space. My memories from Youthscape are from when we went on trips. Not all about the trips, but spending time with each other. I want to say thank you to everyone that has made Youthscape a success. Before I finish I would like to say this, "money will come and go, but whatever we have here as a family will forever stay in our hearts." Perkins - Cohort 11.



Participants making their own stress balls



LOFT

What?

The LOFT (Learning Opportunities For Teens) Youth Project is a support service for young people aged 12yrs - 24yrs to participate in activities and Personal Development programmes and to overcome difficulties in their lives. Within the LOFT, young people may partake in group work programmes, one-to-one youth work, advocacy services, youth drop-in space and seasonal activity programmes.

Where?

Donegal Youth Service Headquarters

When?

Monday to Thursday: One to One Support & Tailored Programmes

Friday: One to One Support & Tailored Programmes

Drop In : 5pm - 9pm (monthly events)

Saturday: Tailored Programmes

Drop In : 2pm - 6pm Monday - Saturday

Why?

To give young people a safe space to socialise and connect with other young people.

To support and encourage young people to reach their full potential through various programmes, group work and one to one support.

Staff?

Gareth Gibson, Siobhan O' Connor, Michael Campbell, Billy Banda, Pauric Bell, Jason Doherty & Chris Teye

Funders?

Tusla and Healthy Ireland



Graffiti summer camp in front of their work

In 2022 The LOFT offered 23 different groups/programmes, running on average 8 weeks each, with some running right throughout the year. Participation numbers totalled 381 with 235 unique participants. Some of the highlights for the year were the successful introduction of "Our Group" (autism social group), Street Art Summer Programme, Healthy Hacks, Fit for Life, World Wide Voices and The International Mentors Group.

One to one work was also very popular in 2022 with the DYS LOFT Team allocating 364 hours supporting 49 young people, facilitating 409 sessions.



The Healthy Hack group working out



The Photography summer camp members with their work

“I really enjoy coming to the loft to meet my friends over the weekend everyone there are so nice and friendly”

“I like how the staff challenge me to step outside of my comfort zone as it has helped me build my confidence”

“The groups they offer in the evenings are so fun and help me learn new skills and meet new people

A real highlight for the year was the success of ‘Our Group’, a new initiative to support young people with autism aged 16-24 years. The young people have responded so well to having a great social outlet available to them, where they meet old and new friends.

They helped design the programme plans and even decided upon the group name. Throughout the year, the group has grown to 15 members and they meet for 2 hours weekly over 34 weeks during 2022. Attending the LOFT has been the best thing to have happened to my daughter because they don't make a difference in her and she is treated like everyone else. This is the first time this has happened in her life”

“The service the LOFT is providing is invaluable. It is a great relief to me to know this service is available to my daughter.”



Our group at Christmas

“Gaming has also seen a resurgence in the LOFT in 2022. A new weekly slot was developed on Thursday nights where over 33 members have the opportunity to play appropriate video games on both new and retro gaming consoles. We also provide numerous board games such as draughts, chess and monopoly

2022 also saw a return to large numbers attending our Drop-in services on both Friday nights and Saturdays with between 80 and 100 young people attending during any given session. Various special events were scheduled during the year such as Quiz Nights, Pool Competitions, Music events & Arts workshops which proved very popular.



Participants at Carlingford



BreakOuT

What?

BreakOuT provides a safe, non-judgemental and fun youth work programme to LGBTI+ young people and their non LGBTI+ friends. The service offers support for young people from 12 yrs - 25 years old. Supporting individuals through a one to one listening ear service as well as providing a drop-in service. The Youth Worker also provides support to professionals, parents & teachers to guide them with best practice in dealing with young LGBT+ people. The Youth Worker delivers LGBT+ awareness training to young people and adults.

Where?

BreakOuT is a countywide service, with 4 drop in groups based in 6 locations

When?

Letterkenny DYS Saturday
Under 18's 2pm - 4pm & Over 18's 4pm - 6pm

Dunfanaghy FRC Wednesday
Under 18's 3:30pm - 5:30pm

Raphoe FRC Thursday

Under 18's 4pm-6pm

Glenties Group, The Hub Friday
Under 18's 1:30pm- 3:30pm

Why?

To provide a safe space where young LGBT+ can come and be themselves each week. BreakOuT provides a voice for young people empowering them to realise they have the potential to effect change.

Staff?

Charlene Logue, Pearl Johnson, Ineke Abbas, Megan Rushe and Elaine Begley

Funders?

HSE, BelongTo, Donegal ETB, National Lottery and Dept. Of Children, Equality, Disability, Integration and Youth



BreakOuT under 18's has over 50 members with new young people attending almost every week. logic and teamwork to beat the puzzle. This was a great team building exercise.

In May & September we gained two new staff members, Megan Rushe & Elaine – welcome!

The young people were fortunate to attend a residential for two nights in Carlingford for twenty of its members and they really enjoyed the experience. The young people undertook outdoor activities for two full days and the experience helped to consolidate the group. The activities were excellent and the staff very accommodating.

Twelve Breakout members attended the Lifford Jail Escape Room, where they had to employ



BreakOuT members at the DYS Youth Celebration event



Tee-shirt making

Staff attend BeLonGTo National Network meetings every month; liaise with TENI & work with HSE Health Promotion for planning and delivery of programmes for group members as well as participating in BreakOuT Advisory Group meetings & CYPSC meetings. Staff, and two members of Breakout Over 18s, also undertook BeLonGTo Peer Educators weekend (5th & 6th November) and gained valuable knowledge from engaging in this initiative.

Workshops took place including: Sexual Health Awareness & Drug and Alcohol Awareness, Donegal Sports Partnership, Gaisce Focus Group, Self Defence & Make up tutorials.

Teachers from Educate Together, Carndonagh Community School, Errigal College & Donegal Horizons Project received training in LGBTI+ Awareness as did several young people from Youthreach Gortahork.

BreakOuT attended Pride on Sat 25th June, organised by BeLonGTo & Youth Work Ireland. To prepare for this, they decorated t-shirts and upcycled Flags to use on the day. This was a long, but very enjoyable day for everyone. We decorated the LOFT windows for Pride month in June & the large 'progress' flag was displayed on the outside of the DYS building.

The BreakOuT crew held 'Chalk it Up' on Saturday 12th November outside An Grainan Theatre and it was well supported and lots of lovely messages were chalked on the pavements. Staff promoted 'Stand Up' on Highland Radio and this was a great boost to start the week. Activities during the week

Activities during the week included Rainbow cupcakes baking & decoration, temporary tattoos, face painting and window painting. An updated BreakOuT booklet was also produced.

Members of BreakOuT attended the DYS Celebration Event in November, and were delighted to see two active participants of BreakOuT were nominated for Young Person of the Year.

Twenty members of BreakOuT spent a day in Moville at the Inish Adventure Centre in August where they undertook an aquatic obstacle course, and enjoyed cake afterwards.

BreakOuT celebrated Halloween with a party in DYS ASPIRE room on Saturday 29th October.

In November the BreakOuT Fashion Group took part in the Letterkenny Community Development Project's Charity Fashion show, representing the LGBTQ+ community.



CDP Charity Fashion Show

BreakOuT Over 18s started a book club so members could discuss their choice of novel during the group.

BreakOuT engaged in a meeting with local Garda Sergeant Sharon Doherty, who kindly came in to visit the young people on a Saturday and have an open discussion with BreakOuT about the work of the Gardaí in relation to the LGBTI+ community.

In the last year our Instagram posts have reached over 500 people.

The year ended with a fantastic Christmas Party. What a year!



Young Carers Project

What?

A project for young people under the age of 24, whose life is affected by providing significant care, assistance, or support to a relative at home.

Where?

Donegal Youth Service HQ

When?

Fortnightly, Saturday 12pm - 2pm

Why?

The Young Carers' Project recognises the vital role that young people undertake on a daily basis providing care for someone else. The project has been set- to support young people in this situation. The Project provides a safe

space for young people to interact and socialise with each other while availing of support from peers, professionals and one to one's.

Staff?

Gareth Gibson, Michael Campbell and Pauric Bell

Funders?

Healthy Ireland, Tusla, Pobal and CYPSC



Canoeing in Carlingford



Around the campfire in Carlingford

In 2022 the Young Carers Project supported 21 young people from 19 different families. There



Young Carers prepping for Airsoft

were 14 sessions facilitated fortnightly on Saturdays.

The format of the sessions was effectively based on respite time for the young people allowing them to have time to socialise with and support their peers. Many fun sessions were spent in the drop in space at the LOFT sharing experiences over a cup of tea or a game of pool with the odd movie thrown in.

One big highlight for the group saw 16 young people travel to Carlingford Residential Centre for a fun-filled weekend over the Easter period. They enjoyed challenging but fun activities like: Zip lining, Canoeing, Campfire activity and

What?

Our YouthTalk programme is the umbrella title that oversees the delivery of all one to one youth work across all of the projects that Donegal Youth Service offers. These projects also include Creative Community Alternatives (CCA). CCA is an intensive one to one support service that helps young people to maintain their foster care placements. YouthTalk also offers one to one listening ear support. YouthTalk staff work with young people to deliver Youth Work on a one to one basis. Young people are often referred to this project from Tusla Social Work and from CAMHS. We also get referrals from schools, parents and directly from young people themselves. The YouthTalk programme offers monthly external group supervision to Donegal Youth Service staff to help them to process the impact of hearing the often traumatic stories of individual young people.

Where?

Work takes place countywide according to where the need is.

When?

Each young person has a set number of hours of support.

Monday - Saturday

Why?

Each young person has a tailor-made set of outcomes for example:

To support the young person to remain in their care placement.

To integrate young people into the community, support engagement in positive programmes and activities identified by them.

Help young people in care to communicate how they feel with the hope they will be better equipped to manage their care placement and challenges they may be facing.

Staff?

Frankie Mc Greevy, Sinead Murray Lynch, Dominic Mc Glinchey & Helen Simms.

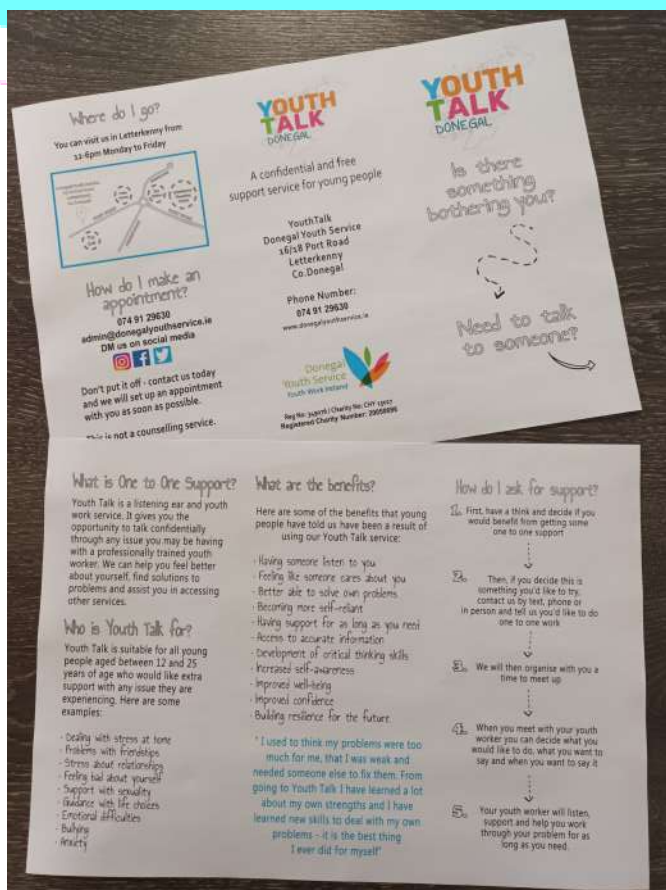
Funder?

Tusla



This year along with our usual very popular Listening Ear Service that helped over 200 young people and our Creative Community Alternatives Project that helped 30 young people in 2022. We expanded our YouthTalk service to enable the provision of a new Listening Ear Service, entitled 'Hear 4 U', funded by Mental Health Ireland and embedded within the Donegal Youth Services' Youth work model of delivery. The Hear 4 U service was funded in response to COVID 19 as during the pandemic we witnessed a significant rise in referrals for our YouthTalk service. Hear 4 U helped us cope with the rise in demand for one to one work while complimenting and adding value to our existing YouthTalk.





Youth Talk literature

The Hear 4 U service consisted of two part time Youth Workers that operated primarily across the North Central Child & Family Support Network area. The Hear 4 U Project worked across a range of issues that young people face but had a particular focus on working with young people with suicide ideation. A total of 60 young people availed of the service in 2022.

The new Hear 4 U service was unique in that it was embedded in local youth services and very accessible for young people in that staff were available for appointments in a Youth friendly environment where young people already congregate (eg. In or around their local youth club or community or at DYS Headquarters in the evenings 5pm - 8pm on Wednesday, Thursday, Friday and on 2pm - 6pm on Saturdays.

Across our one to one provision, Donegal Youth Service worked with over 300 young people during 2022.

Feel like nobody cares?

We do.

YOUTH
TALK
DONEGAL



Our Generation

What?

Our Generation' is a 3 year cross-border project delivered in partnership with 7 regional partners that aims to reach 35,000 young people and adults who support them during the life of the project. The Our Generation programme promotes the personal development and positive mental health of young people through programmes that address emotional resilience and social action. The project also offers training for young people and key contacts, including teachers, with an emphasis on trauma informed practice and peacebuilding.

Where?

Donegal, Sligo, Leitrim, Cavan and Monaghan

When?

Monday - Friday depending on delivery location

Why?

To promote the personal development and positive mental health of young people and to build emotional resilience.

Staff?

Frankie Mc Greevy, Joanne McCauley, Avril Hunt, Fadl Mustapha, Eve King and Laura Byrne

Funders?

SEUPB and Peace 4



Special EU Programmes Body
Foras Um Chláir Speisialta An AE
Board O Owre Ocht UE Projects



'Provoking Thought' has been highly sought after and well received across the county. Feedback from young people has highlighted an enjoyment and interest in learning about their brains, learning breathing exercises and taking time to think about how they can try to help themselves and others.

"I learned about the brain, the different parts and what they do, what influences our mental health and how we can reach out to people if we feel they are struggling. I found this session very beneficial."

"I enjoyed doing the a-z of self-care I remembered things I used to do to make me happy."

"I learned that I am not the only one with anxiety, makes me feel better."

Provoking Thought for adults and staff has also been well received with feedback suggesting that the course helps to improve confidence talking about mental health and provides

knowledge that is helpful and worthwhile to help other people.

"Amazing facilitation of thought provoking, beneficial content, thank you."

"We were delighted to have you in our school. While teaching and learning is the core business of school leaders, we have found ourselves in a space whereby mental health



Provoking Thought



A Healthy Me Session

and wellbeing trumps all aspects of our curriculum. We want happy, secure and resilient pupils who can face any and all challenges life throws at them. This course was excellent and really brought the importance of trauma informed practice and care home to all our teaching staff. Breathing and the important role it plays in regulation will most definitely be a feature of daily life moving forward - Laura was a wealth of information!!!"

as sports clubs and the education sector including staff and students at Cavan Institute, Glenties Comp, Scoil Mhuire Milford, Letterkenny ATU & St. Angela's College, Sligo.

The feedback has been very positive as per the below:

"Completing SAFETALK has allowed me to feel more confident in approaching the question of suicide in my professional capacity as well as among friends and family."

"I found the Self-Harm training really helpful. It has improved my knowledge and awareness of the different harming behaviours that people can engage in and how to approach this behaviour in a safe way with our loved ones."

Shared Celebration/Learning Events also got back underway in 2022 for the first year since the pandemic. Our Generation have had many fantastic shared learning and cross-border events including residencies to Wild Atlantic Adventure Centre in Clonmany, Trampolining in Airtastic Entertainment Centre in Craigavon, bowling in Arena 7 Letterkenny & nature walks in Glenveagh. There were two standout events last year which saw lots of young people take to the stage and perform amazing talents as well as be awarded for all of their invaluable contributions to the Service. These were of course Party in the Park and the DYS Celebration Event 2022!



The Ephades after their Celebration event appearance

Suicide Prevention training in the form of 'SAFETALK', 'ASIST' & 'Understanding Self-Harm' has been rolled out countywide and throughout the HSE CHO1 areas with success in 2022 reaching 800 adults including key contacts, parents and teachers in schools, local business' and community organisations. These include: TUSLA Family Resource Centres, Donegal Youth Service, SOLAS, Foróige, Letterkenny Men's Shed, Ards Friary, Donegal Travel Project, Donegal Alcohol Forum as well



Celebration event



Youth Information

What?

Letterkenny Youth Information Centre provides a free, confidential information service to young people and those who work with them. The Centre is managed by Donegal Youth Service and is the only one of its kind in Donegal and it operates a one stop shop approach where all the information is available under the one roof. We also support parents/guardians seeking information and support for their young people.

Where?

Letterkenny drop-in centre: Monday-Friday.

YIChat live chat service - www.spunout.ie

Outreach: Information provided at various locations throughout Donegal.

When?

YICentre 10am - 6pm Monday to Friday

YIChat 4-pm - 8pm Monday to Friday

Tailored Groups and Workshops after 6pm

Why?

The Youth Information Centre exists to help and support young people on both a personal and group level. Through our work we have campaigned on youth related issues on a local and national basis, while also working to encourage and motivate young people to overcome barriers and achieve their goals in life. YIC Letterkenny is a multiplier of Eurodesk and part of ERYICA (European Youth Information and Counselling Agency).

Staff?

Gareth Gibson, Kasia Kurzeja, Derek Callaghan and Cheyanne MacDonald

Funders?

Donegal ETB and Department of Children, Equality, Disability, Integration and Youth



etb
Bord Oideachais agus
Oiliúna Dhùn na nGall
Donegal Education and
Training Board



An Roinn Leanaí, Comhionannais,
Míchumais, Lánpháirtíochta agus Oige
Department of Children, Equality,
Disability, Integration and Youth



European literature

Letterkenny Youth Information Centre engaged almost 4,500 young people in 2022. This was achieved by dealing with 6,948 queries and facilitating numerous workshops such as the Media Group, Internet Safety/Cyberbullying, and various European info sessions. YIC Letterkenny was present at four fairs organised by our local partners, serving more than 350 people in total.

The online Youth Information Chat service was a highlight for the year. In partnership with the other Youth Information providers (Youth Work Ireland, YMCA, Crosscare and Spunout) saw over 184 queries answered by our centre only, and with no young person waiting longer than 15 seconds to be supported.



The YIC team sharing Christmas cheer and hot chocolate



Time to Move event, organised by YIC in collaboration with Europe Direct

Providing European Youth Information was again a popular category, which enabled us to achieve some great outcomes in partnership with Eurodesk nationally as well as more locally with both Letterkenny and Sligo Europe Direct Information Centres to facilitate various events, such as 'Time to Move' where we met with over 100 people.

We are engaged in Erasmus+ project that will allow 20 young people from Ireland and our Polish partner organisation to participate in two 7-day-long youth exchanges.

Disseminating information on social media and online platforms is an integral aspect of how we do our work. This year we shared almost 600 posts, stories and videos across Facebook, Instagram and Twitter, reaching an incredible 42k impressions



The ATU volunteer fair



ASPIRE Donegal

What?

Funded by DCEDIY under UBU, ASPIRE is an amalgamation of the former Daybreak (Strand A) and Youth Outreach Project (Strand C) with specific target groups including: LGBTQI+, Young Travellers, Early School Leavers and Youth Club supports. ASPIRE brings together key elements of both programmes, as well as a range of new and innovative options and works to the 5 National Outcomes for young people and the 7 Proximal Outcomes; Communication, Confidence, Planning & Problem Solving, Relationships, Creativity, Resilience & Emotional Intelligence. We work to design programmes that allow the full potential of each participant to be realised.

Where?

Working across 27 youth clubs in the county.

When?

Staff are available from 9am - 10pm Monday - Friday and 2pm - 6pm on Saturdays.
Youth Clubs have their own opening hours.

Why?

To help promote and support quality youth work provision and informal education across the county of Donegal.

Staff?

Charlene Logue, Pearl Johnston, Jackie Ferry, Ineke Abbas and Bernie Cunningham.

Funders?

Donegal ETB, National Lottery and Department of Children, Equality, Disability, Integration and Youth.



etb
Bord Oideachais agus
Oiliúna Dhúin na nGall
Donegal Education and
Training Board



National
Lottery



An Roinn Leanaí, Comhionannais,
Michumais, Lánpháirtíochta agus Oige
Department of Children, Equality,
Disability, Integration and Youth

2022 saw a rapid increase in Youth Clubs reopening and the ASPIRE team created a fantastic suite of programmes & activities which were delivered across the Youth Clubs during the year. Affiliation Leaflets and Volunteer Posters were devised and kindly translated into Irish by Maria Coyle from Club Oige Chríost Rí, Magheroarty.

We welcomed Club Oige Arranmore and Club Oige Leitir Ceannain to our membership and we continued to offer training, information, support and assistance to our Youth Clubs.

Two Volunteer Forum Meetings took place, to plan and review the work in local Youth Clubs, to be compliant with DCEDIY guidance and legislation. The Youth Club Handbook was updated and reissued at the meeting.

Activities included:

Claymation workshops where participants created animated figures and learned stop motion animations.



Tee-shirt Design

The UPS Programme (road safety awareness) was very well received across the county, with young people undertaking the virtual driving simulator experience on road usage, safety and awareness.

Arts & Crafts is always popular and the ASPIRE team took resources and materials on the road with them to unleash the talent in our Youth Clubs. Activities included: Dreamcatchers, pouring art, clay & mosaic crafts.

Sustainable Fashion & upcycling of old clothing and accessories.

Life-skills cooking & baking and lots of fun games & challenges.

Valentines Card Competition was a huge success with 103 young people taking part. Winners were:
Eimear age 9 from Páistí Cois Mara, Magheroarty
Emily age 11 and Niamh age 12 from Malin Head Youth Club

The virtual Halloween Fancy Dress Competition had 63 fantastic entries, the



Club Games

2nd prize: Orlaigh Hughes, Creeslough YC
10-14yrs - 1st prize: Sophie Donnell, Club Óige Leitir Ceanainn

2nd prize: Darragh Kelly, Our Group
15-18yrs - 1st prize: Dara Breslin, Hear 4 U
2nd prize: Aron Kelly, Our Group

All entries were forwarded to the Youth Work Ireland Nollaig Competition and Orlaith Hughes from Creeslough YC won the Youth Work Ireland National prize for the 5-9yrs age group, with Aoife Kenna from Club Oige Leitir Ceannain and Priya McCullough from Raphoe Family Resource Centre Youth Club both received Highly Commended Certificates.

Daybreak took place in Letterkenny on Monday, Tuesday & Thursday under ASPIRE, with Raphoe, Ballybofey and Falcarragh out of school delivery being funded by the Schools Completion Programme. Academic & Classroom Based Assessment supports in the morning and needs based Social & Personal support in the afternoon, as well as formal educational curriculum work. Activities undertaken by Daybreak attendees included: UPS Road Code, Driving Theory, Games, Arts & Crafts, Cooking & Baking, Mosaic, Copper Art & Window painting. Participants worked on Learning Styles, Team Building and Active Listening & Communication Skills.



Summer camp games

winners Chloe from Glengad, Jack from Malin Head and Rachel & Molly from Moyne Ulster Scots.

This year's Christmas Card Competition saw 164 entries into our own DYS Competition.

5-9yrs - 1st prize: James O Cearnaigh, Páistí Cois Mara



Clay Making decorations

School.

The Summer Programme was a huge success. It was delivered over July and was well attended. The feedback was tremendous.

ASPIRE welcomed 2 new staff members - Jackie Ferry and Bernie Cunningham.

ASPIRE also took on 2 placement students, Aine Grant and Alex Waters – they were an invaluable support across the many aspects of ASPIRE. Thank you both.

NIOCN (Northern Ireland Open College Network) Youth Leader Training Level II took place during the Autumn, with 14 participants engaging. This course was delivered over 10 weeks and the feedback was very positive.

ETB Youth Club Grant applications were distributed and assistance offered on how to make applications.

The 2022 Flag Day took place across the county although it wasn't as lucrative as it was pre-COVID 19. Reasons included: lack of Volunteers to collect, people not carrying cash as much as they previously did and double booking of the Permit!

Youth Club visits continued and these visits are important to retain good working relationships between volunteers and ASPIRE staff.

In May/June Transition programmes were delivered to 6th class students in various schools. The demand for training is growing and is indicative of the real fears young people have when transitioning from National to Secondary

Following the Creeslough Tragedy, staff delivered soup and sandwiches collected from local businesses to the Youth Club and School and offered the support of DYS. This and other support has continued in order to be able to bring support to the young people of the area. Deepest condolences to all at Creeslough.

Child Protection Awareness Training was delivered to 192 adult volunteers.

With regards to Garda Vetting, 98 'Batches' were forwarded to YWI for processing, with 319 adult volunteers engaging in being vetted or re-vetted during 2022.

Dingfen Zhong, Assistant Principal Officer in the Youth Affairs Unit in DCEDIY visited Donegal on October 24th and 25th 2022 to hear and see at first hand of the work across the local Youth Clubs.



Participants of the Child Protection training offered by DYS



ASPIRE Inishowen

What?

This Project came in under a new funding stream, UBU, Your Space, Your Place, under Department of Children, Equality, Disability, Inclusion & Youth (DECDIY) to work with young people aged 12 - 24 yrs. Target groups include Early School Leavers, Young travellers, Young People not in full time employment or training or needing support to enable them to reach their full potential.

Where?

Buncrana, Carndonagh

Clonmany, Moville

When?

Monday - Friday plus out of hours support for young people evenings and weekends

Why?

So young people in the Inishowen area can

have access to Youth Services to support their potential as they transition from childhood to adulthood

Staff?

Charlene Logue, Mark Reader and Yvonne Tilley

Funders?

Donegal ETB National Lottery, UBU Your Space, Your Place and Department of Children, Equality, Disability, Integration and Youth



etb

Bord Oideachais agus
Oiliúna Dhún na nGall
Donegal Education and
Training Board



National
Lottery



An Roinn Leanaí, Comhionannais,
Michumais, Lánpháirtíochta agus Óige
Department of Children, Equality,
Disability, Integration and Youth

UBU
YOUR PLACE
YOUR SPACE

In late 2021 DYS were successful in a bid to DCEDIY for a new tranche of UBU Youth Work funding and in January 2022 we set up and established 'ASPIRE Inishowen. The team took time to forge and develop relationships with key providers and agencies across the peninsula and created a fantastic suite of programmes & activities. The areas designated to work across included Buncrana, Moville, Clonmany and Carndonagh.

Group work commenced in Moville Family Resource Centre with schools in the area quickly referring young people to ASPIRE Inishowen. The first group was a small LGBT and allies group. This was followed closely by the setup of a school release group from Crana College and Scoil Mhuire in Buncrana, who were released to the project from school to work on anger management, behaviour management, personal development and group working and communication skills. This was achieved by delivering sessions on

communication, behaviour and body language, interpersonal skills and team building challenges.

A youth group in Clonmany was established, working very closely with the Clonmany Community Centre, to particularly develop their youth drop in service, offering support, assistance and development.

The set-up of an Advisory Group was particularly helpful to the development of the project in Inishowen with members representing different services including secondary schools, School Completion, CAMHS and TUSLA from all four areas of Inishowen to ensure compliance with DCEDIY and ETB guidance and legislation as well as ensuring ASPIRE Inishowen targeted those most in need of the service.

A Youth Advisory Group was set up to offer some insight and a representation of the voice



Canoeing at Gartan

Some of the activities devised and delivered included:

Arts & Crafts staff delivered sessions across the four areas with resources and materials being supplied by ASPIRE Inishowen

Video making – The ASPIRE Inishowen team led young people from the Youth Advisory Group in the creation of a video to be added to the nationwide video collaboration and shown at the UBU national launch.

Musical instruments and song writing sessions – The ASPIRE Inishowen team used musical instruments to engage and support collaboration within groups musically



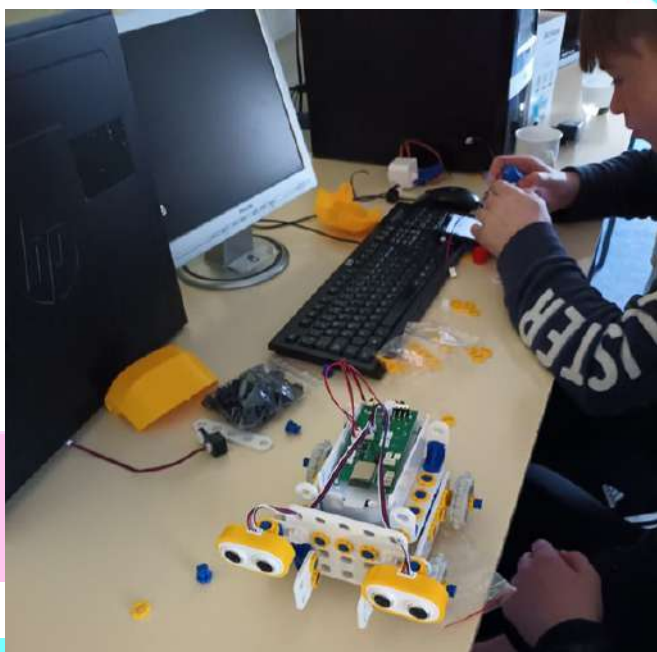
Aspire Inishowen launch

Claymation workshops where participants created animated figures and learned stop motion animations.

UPS - Road Safety Awareness was very well received across the county, with young people undertaking the virtual driving simulator experience on road usage, safety and awareness.

Gym visits – helping the young people of Inishowen to appreciate the importance of health and exercise.

ASPIRE Inishowen takes place in Buncrana on Tuesday with a referral system in place from the School Completion Programme for a school release group . Academic & Classroom Based Assessment supports in the morning and needs based Social & Personal support in the afternoon. As well as formal academia, activities include: UPS Road code, Driving



Participants experimenting with technology

of the young people of Inishowen. The group initially had 4 members and this number has grown significantly and now boasts 15 members. Offering an invaluable awareness and vision on the direction of the project in the different geographical areas and helping shape and to develop a comprehensive awareness into the wants and needs of young people from all over the peninsula. In June, the Youth Advisory Group joined the Breakout group and went to Dublin Pride. This group also attended the UBU formal National launch in Dublin, enjoyed a stay in Dublin and a visit to Croke Park and Glasnevin Cemetery. The YAG also had a residential in Gartan Activity Centre and attended the SSE Arena in Belfast to watch the Belfast Giants play in their home venue.

Theory, Games, Arts & Crafts,. Participants worked on Learning Styles, Team Building and Active Listening & Communication Skills.

We also have sessions in Clonmany for a home educated group which helps young people develop their social skills and mix with other young adults their own age. In this group we have a strong focus on numeracy skills and outdoor activities, the group also enjoy music sessions, cookery, arts and crafts and have two beach trips in 2022.

In Buncrana, ASPIRE Inishowen delivered an after school session for teens in the Buncrana Youth Club. These sessions have included film making, music sessions, arts and crafts and games nights.

In Carndonagh, ASPIRE Inishowen delivered one to one support to young people referred to the service. These one to one supports included guitar lessons, mathematics tuition, relaxation and mindfulness, anger management and organisational skills. Referrals come from HSLC and CAMHS as well as TUSLA.

ASPIRE Inishowen takes place in Moville on Thursdays with a referral system in place from the School Completion Programme for a school



release group . Mathematics and English Junior Cert support are the focus of these sessions, as well as formal academia, activities include: UPS Road Code, Driving Theory, Games, Arts & Crafts,. Participants worked on Learning Styles, Team Building and Active Listening & Communication Skills.

In Moville, ASPIRE Inishowen delivered an afterschool session on a Thursday evening. The main focus was on music sessions, film making, personal development, relaxation, tie dyeing, arts and crafts. This is the LGBT and allies group.

In May/June Transition programmes were delivered to 6th class students in 2 schools in Inishowen. The demand for this transition programme has increased and is linked with apprehension of transitioning from National School to Secondary School.

The Summer Programme was a huge success. It was delivered during July, was well attended and participants really enjoyed the experience.

Thanks must go to Jason Cameron, Robin Crouch and Jeremy Magee for their invaluable volunteering hours, we could not have done it without you.

ASPIRE Inishowen also offered a placement opportunity to Health and Social Care student Aine Grant from ATU – Aine has been an invaluable support across the many aspects of ASPIRE Inishowen.



Arts and crafts at Trash



Unlocking Your Potential

What?

A Personal Youth Development Programme, funded by the International Fund for Ireland, this project focuses on the hardest to reach in our communities.

Where?

DYS, Letterkenny

When?

Monday-Friday plus on-call support out of hours and weekends.

Why?

The 'Unlocking your Potential (UP) project targets a small cohort of 16-25 year olds not currently in education, training or employment, who are vulnerable to polarisation, come from

complex and difficult backgrounds, and therefore are most at risk of marginalisation and disadvantage. The project builds on participants' personal development, resilience and coping skills and when appropriate provide training options to promote employment or further education opportunities.

Staff?

Charlene Logue, Michelle Wylam & Helen Simms

Funder?

International Fund for Ireland



INTERNATIONAL FUND FOR IRELAND

2022 saw project staff work with 14 young people on an intensive one to one basis. These young people came from backgrounds that left them very vulnerable to polarisation due to a variety of reasons. Issues addressed by project staff included mental and physical health difficulties, homelessness/support to secure suitable accommodation, addictions, support to develop independent living skills, supporting young people in the criminal justice system, unemployment, poor coping skills, reduced resilience, poor problem solving skills, agoraphobia due to social anxiety, securing third level education options, assistance to apply for social welfare, social housing and housing assistance payment, low confidence & self-esteem, support to attend medical and psychological appointments etc.

Project staff and management met with Brendan Maloney, Deputy Director General & Finn Carroll of The International Fund for Ireland in March.

One participant began volunteering with the Youth Information Centre as part of the media team and secured a Community Employment position in September.



OCN NI Level 2 in Youth Work Practice

Both project staff are qualified in Cognitive Behavioural Therapy and used CBT as a tool to address, when appropriate, some issues that the participants were experiencing.

Throughout the year project staff liaised with many statutory organisations such as TUSLA, CAMHS, Jigsaw, An Garda Siochana, adult mental health services, schools and St Vincent de Paul.



Future Innovators

What?

Future Innovators is a cross-border Peace 4 funded project led out by Cooperation Ireland in partnership with Belfast Interface Project, Donegal Youth Service, Animorph and the University of Essex. The project is to work with communities in five Urban Village areas of Belfast and Derry and a community in County Donegal developing plans to improve their social economy using social innovation.

Where?

The Donegal Youth Service delivery of the project takes place primarily on Arranmore Island.

When?

Project launch 27th October 2021, with current target for project completion in March 2023.

Why?

The Future Innovators project aims to address social challenges using social innovation and social enterprise approaches while working with local residents, community groups and organisations in the six target areas. A key element of the process will involve the creation of a digital toolkit in co-operation with each of the communities for use by their residents and organisations to envision and plan their areas for a more sustainable future.

Staff?

Frankie McGreevy, Adrian Begley

Funders?

Peace IV, SEUPB – Special European



Special EU Programmes Body
Foras Um Chláir Speisialta An AE
Boord O Owre Ocht UE Projects

Building upon the work carried out in 2021 with the Future Innovators launch in Belfast along with subsequent planning meetings, the implementation of the programme to encourage and support social innovation began in early January 2022. 'Appreciative Inquiry' events were planned for each of the six areas with the aim of assessing needs within communities required to assist with capacity building for the creation of social enterprise. Donegal Youth Service held its appreciative inquiry event in mid March on Arranmore Island with representatives from partner groups Cooperation Ireland, Belfast Interface Partnership and Animorph in attendance.



Future Innovators on Arranmore island

The event had a varied representation from across the communities of West Donegal including local cooperative managers, project coordinators, volunteers and educators. There was also a strong showing of young people who engaged well during the inquiry stage of the event by voicing their opinions of how they view their communities and how they would like to see them take shape in the future. Three classes relating to social innovation were also designed and delivered to the Transition Year students in Gairmscoil Mhic Diarmada through February and March.



Animorph presentation



Planning meeting in Derry

With the information gathered during the appreciative inquiry event a training needs analysis was carried out by the project officers in Donegal and Derry which would help community groups and individuals realise their social innovations and enterprises. Facilitation of the training was put out to tender and awarded to Innovate NI. The training took place in Dungloe over four days in June and September and covered subjects such as project innovation, business plan development, financing, communications and marketing, and had a varied contingent of participants including representatives from community groups, church groups, the youth service and entrepreneurs, as well as a wide spectrum of individuals from across county Donegal including from the migrant and refugee communities.

Through continued engagement with the programme participants throughout the summer

months and beyond, following the training those who were developing projects were actively encouraged to apply for funding from the Future Innovators programme and assistance was given to each project in completing their individual application. With an initial 8 projects to be funded across all six regions Future Innovators was delivered in, three projects from County Donegal applied with all applicants to be notified of the outcome of their application in early



Community meeting on Arranmore

January 2023. Throughout 2022, DYS staff also attended team, management and public meetings in Donegal, Derry and Belfast. In Donegal alone, the project engaged directly with 15 community groups and organisations, 10 businesses and saw 100+ individuals engaged with, including 25+ young people in West Donegal.



Social innovation and entrepreneurial training in Dungloe

Media

What?

Works on the PR, Fundraising & Marketing for DYS through Facebook, Instagram and Twitter as well as maintaining the website www.donegalyouthservice.ie.

Where?

DYS Headquarters, Letterkenny

When?

7 days a week, (social media doesn't sleep)

Why?

To support and promote the good work carried out by Donegal Youth Service.

Staff?

Gareth Gibson, Derek Callaghan and Niamh Murphy

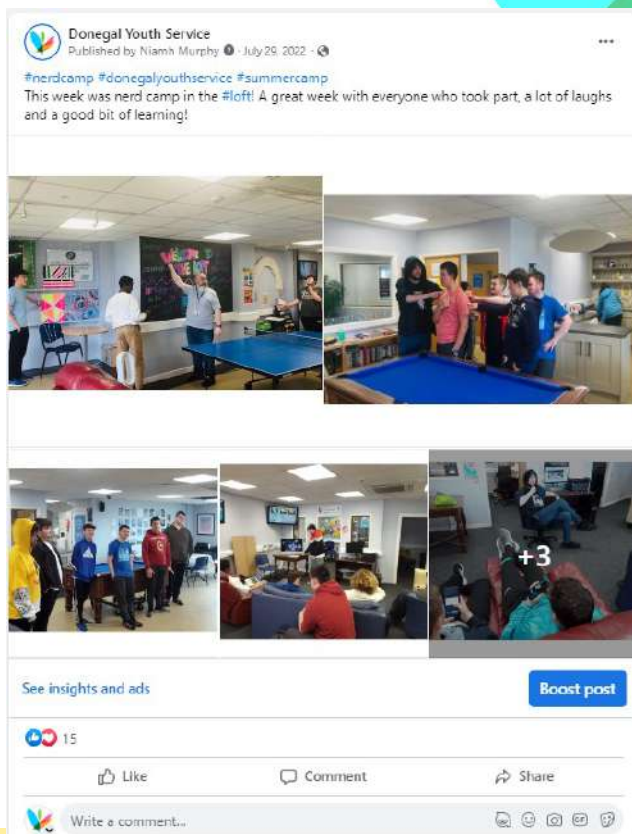
Funder?

Donegal Youth Service



2022 was a busy year for the media team, trying to grow our channels to reach even more people than before. Social media has become a very effective method for letting people know what is going on at DYS and what we are at.

In the last year we were able to reach 91,842 people through our Facebook posts, we had 15,752 visitors to our Facebook page (up 1000% from the previous year) and added



Nerd Camp



Celebration Event

around 600 new followers to our account.

Instagram also saw considerable growth this year. We reached 7,179 people and had 2,600 visits to our page (an increase of 393.4%).



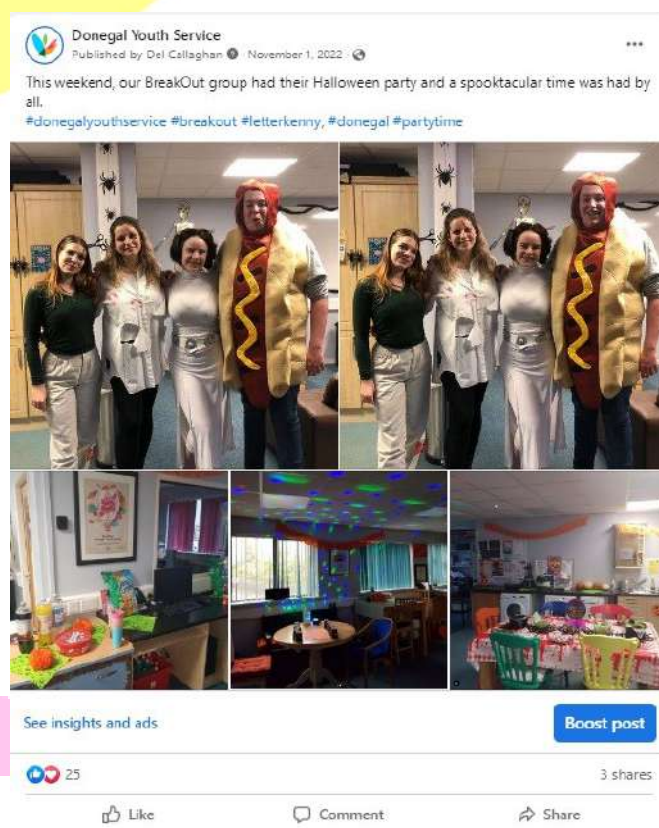
CYPSC Festive Gathering

We also increased our followers by 96 from 1,378 at the end of last year to 1474 at the end of this year.

Our growth on Twitter wasn't quite as big but it was an odd year for Twitter with rumours of Elon Musk buying Twitter at the start of the year being confirmed by the end of the year. This resulted in a number of organisations taking a step back from the platform to see how the whole situation would turn out.

We managed to reach 2,138 people, had 112 visits and increased our followers by 37 from 1,432 at the end of 2021 to 1,469 at the end of 2022.

All in all it was a good year for social media and we will continue to work hard to increase our reach and make more people aware of what we do.



BreakOuT Halloween Party

Financial Summary

Y/E 31/12/2022 Summary for Year

	Income	Expenditure	Surplus
DYS General	153,463	137,953	15,510
Health Café	142,413	142,219	194
Daybreak	4,018	4,065	- 47
YIC	153,232	154,625	- 1,393
Youth Service Grant	68,942	82,503	- 13,561
Youth Talk	10,716	11,345	- 629
Breakout	21,653	21,640	13
Youthscape	124,102	92,785	31,317
UBU2 - Other	10,944	10,763	181
Tusla: One to One	137,244	137,244	-
Tusla: Integrated Youth Worker	20,255	20,255	-
Our Generation	299,124	299,124	-
UBU Donegal	189,522	194,759	- 5,237
UBU Inishowen	134,959	134,959	-
MHI - Hear4U	26,085	26,085	-
IFI - UP Project	71,674	71,979	- 305
Future Innovators	41,527	41,527	-
CES	212,686	212,687	- 1
	1,822,559	1,796,517	26,042

	Expenditure
DYS General	137,953
Health Café	142,219
Daybreak	4,065
YIC	154,625
Youth Service Grant	82,503
Youth Talk	11,345
Breakout	21,640
Youthscape	92,785
UBU2 - Other	10,763
Tusla: One to One	137,244
Tusla: Integrated Youth Worker	20,255
Our Generation	299,124
UBU Donegal	194,759
UBU Inishowen	134,959
MHI - Hear4U	26,085
IFI - UP Project	71,979
Future Innovators	41,527
CES	212,687

Donegal Youth Service CLG

Charity Number:

CHY12507

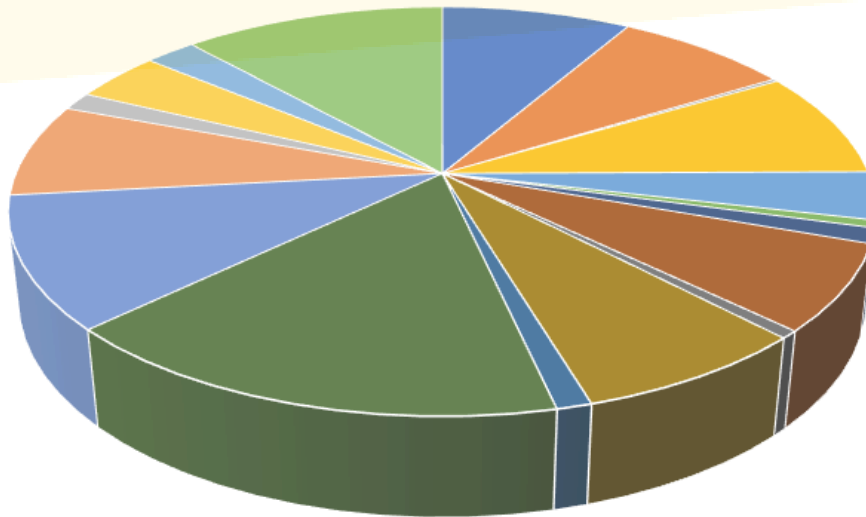
Charity Registration Number:

20050696

Company Number:

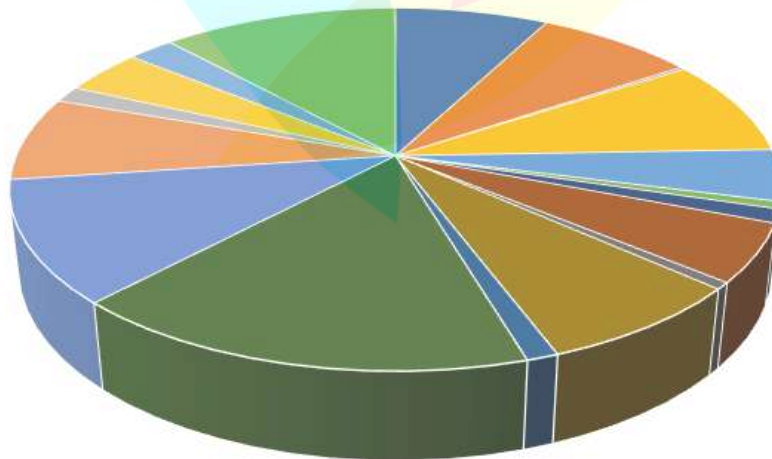
349076

Income



- | | | |
|---------------------|----------------------------------|------------------|
| ■ DYS General | ■ Health Café | ■ Daybreak |
| ■ YIC | ■ Youth Service Grant | ■ Youth Talk |
| ■ Breakout | ■ Youthscape | ■ UBU2 - Other |
| ■ Tusla: One to One | ■ Tusla: Integrated Youth Worker | ■ Our Generation |
| ■ UBU Donegal | ■ UBU Inishowen | ■ MHI - Hear4U |
| ■ IFI - UP Project | ■ Future Innovators | ■ CES |

Expenditure



- | | | |
|---------------------|----------------------------------|------------------|
| ■ DYS General | ■ Health Café | ■ Daybreak |
| ■ YIC | ■ Youth Service Grant | ■ Youth Talk |
| ■ Breakout | ■ Youthscape | ■ UBU2 - Other |
| ■ Tusla: One to One | ■ Tusla: Integrated Youth Worker | ■ Our Generation |
| ■ UBU Donegal | ■ UBU Inishowen | ■ MHI - Hear4U |
| ■ IFI - UP Project | ■ Future Innovators | ■ CES |



2022

12,884 Young People Engaged

639 Adult Volunteers

1,155 Adults Trained

7,651 Young People Trained

1,621 Hours of One to One Support

Club Membership at 26

Hosted 27 Events

Partnered with 72 organisations.

Donegal
Youth Service
Youth Work Ireland



Donegal Youth Service

16-18 Port Road

Letterkenny

074 91 29630

www.donegalyouthservice.ie

admin@donegalyouthservice.ie

Donegal Youth Service is a registered Irish Charity

Registered Charity No. 20050696

